

Vital Signs

FALL 2025



THE FULL CIRCLE OF CARE:

Confidence in
Every Step of
Your Surgery

**FROM CONSULTATION
TO RECOVERY:**
Your Surgery at BCMH

FIRST STEPS
Consultation

**SPECIALTY
SURGERY CARE**

JOINT CAMP
Preparing You
for Success

**RECOVER FASTER
AFTER SURGERY**
How Physical
Therapy Helps

MANAGING PAIN
What to Expect

A publication from

 **Bates County
Memorial Hospital**

The Full Circle of Care: Confidence in Every Step of Your Surgery.

When surgery is on the horizon, you want more than medical skill — you want the comfort of knowing you'll be cared for every step of the way. At Bates County Memorial Hospital, our surgical team provides advanced expertise and compassionate care, close to home.



YOUR FIRST STEP: SURGICAL CONSULTATION MADE SIMPLE

Surgery begins with a conversation. At BCMH, patients can meet directly with their surgeon for consultation and follow-up right here in Butler. No long drives required.

SPECIALTY SURGICAL CARE

Beyond general surgery, BCMH offers a wide range of specialty care:

- **General Surgery:** Dr. William Joyce, Jr., DO, performs common procedures such as hernia repair and gallbladder removal.
- **Gastroenterology:** Same-day endoscopy and colonoscopy for screening and diagnosis.
- **Orthopedics:** Dr. Jon Blake, DO, and Laura Noble, FNP, treat joint disease and injuries, from fracture repair to joint replacement.

- **Ophthalmology:** Dr. Cooper Rodgers provides surgical care for cataracts, glaucoma, and drooping eyelids.

JOINT CAMP: PREPARING YOU FOR SUCCESS

Patients scheduled for hip or knee replacement attend two pre-surgery physical therapy visits:

- **First visit:** 2–3 weeks before surgery for “prehab” — strengthening and safe movement training
- **Second visit:** On Joint Camp day, when patients meet with staff from surgery, therapy, lab, and more to review the full process

This team approach builds confidence, reduces stress, and sets the stage for a smoother recovery.

Pro Tip:

Bring a family member or friend to Joint Camp, ideally your caregiver after surgery.

THE DAY OF SURGERY

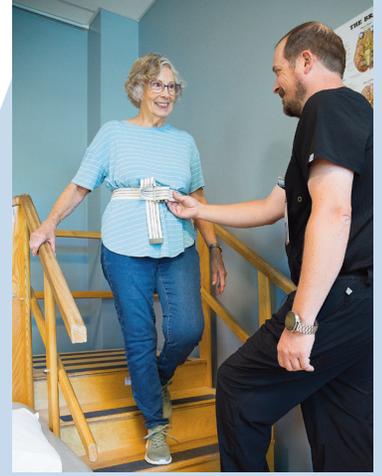
Most procedures take place in our modern surgical suite with three operating rooms, an endoscopy unit, and private recovery spaces. Many are outpatient, allowing patients to return home the same day.

RECOVERY AND FOLLOW-UP

After surgery, patients recover under close monitoring by our post-anesthesia care team.

Discharge instructions are reviewed clearly, and follow-up visits are arranged to keep healing on track. If you need longer care or physical therapy, our inpatient and rehabilitation teams provide seamless support.

Surgery can feel overwhelming, but understanding what to expect makes all the difference. At BCMH, we're here to guide you from consultation to full recovery with skilled, compassionate surgical care right here at home.



RECOVER FASTER AFTER SURGERY WITH PHYSICAL THERAPY

After surgery, rest is important, but movement is key. Gentle, guided activity helps you heal faster, regain strength, and reduce complications. With support from our in-house physical therapists, you'll begin therapy before you even leave the hospital.

HOW PHYSICAL THERAPY HELPS:

- Improves joint range of motion and muscle strength
- Builds confidence with safe bed mobility, transfers, and stair training
- Boosts circulation to lower risk of blood clots and promote healing
- Helps manage pain and reduce risk of infection or readmission

Physical therapy is a vital part of recovery, especially after total joint replacement or other mobility-related surgeries. Your therapist will help you set realistic goals, learn safe movements, and get back to the activities you love.

MANAGING PAIN AFTER SURGERY

Pain is part of healing, but it shouldn't hold you back. BCMH uses proven methods to help you stay comfortable and safe as you recover.

WHAT TO EXPECT:

- Medications tailored to your needs
- Nerve blocks or regional anesthesia for certain surgeries
- Non-medication strategies like ice, positioning, and early mobility

Our pharmacists check your medications for safety and explain them before you go home, answering any questions you have.

Pain is personal, and we'll work with you to find the best way to stay comfortable and focus on healing.

Surgery can be challenging, but at BCMH, you won't face recovery alone. We're with you every step of the way.





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“After two total knee replacements, I wouldn’t go anywhere else. The care I needed was right here, and that made things easier for my family. At BCMH, I felt like I received individual care. Dr. Blake was very personable and explained how the knee scan would create an exact fit, which gave me so much confidence. Even though physical therapy isn’t always easy, every therapist is upbeat and encouraging, and it makes you glad to be there.”

– Beth Taranto

Contact us:

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