

Adrian FCC Puts the "Family" Back in Medicine for Jackie Enlow

When Jackie Enlow's primary care physician in Kansas City announced his retirement a couple of years ago, she wasn't sure what to do. "I had been driving to the city for years for doctor appointments, but I just didn't want to do that any longer," she says.

Source of the 46-year-old lifelong Adrian resident decided to make a switch to her hometown clinic— Adrian Family Care Clinic, a service of Bates County Memorial Hospital (BCMH).

She scheduled an appointment with John Bustle, M.D., the clinic's physician, and couldn't be happier with her decision.

"This has been the best move I could have made," Jackie says. "I've seen doctors who have one hand on the door knob as they're talking to you. I see Dr. Bustle frequently and he isn't like that. He never makes me feel rushed, and I always feel like he cares about what's going on, not just with me, but with my family. He is easy going and listens to my concerns."

In most cases, Dr. Bustle, who is board certified in family medicine, can take care of Jackie's health issues, and anything that comes up with her family. "I have 18-year-old triplets, a 24-year-old daughter, a 1-year-old grandson and a 90-year-old grandmother. Dr. Bustle has seen us all. He takes care of my grandmother at Adrian Manor. We are all very confident in the care we receive."

For Jackie's daughter, Josie, one of the triplets, Dr. Bustle recently removed a mole she was concerned about on her right leg. "He was great with Josie. He explained everything to her as he was removing the mole, and really put her at ease. Thankfully everything turned out fine." Jackie also appreciates the clinic's staff and the excellent service they provide. "They are especially friendly, down-to-earth and are very accommodating. Plus, they are wonderful about following up with test results," she says.

An added bonus is that the Adrian Family Care Clinic is less than five miles from her home, much closer than

the doctor she used to see in the city. "The clinic is very convenient for us, and just across the street from the drugstore. I really feel welcome and cared for here. I would recommend Dr. Bustle and the clinic to anyone!"

Vital**Signs**



▲ The staff at the Adrian Family Care Clinic includes, back row, left to right: Laurie Archer, R.N., Katie Beshore, L.P.N., Pam Lovelace, R.N., and Jennifer VanBuskirk, Medical Assistant; front row, left to right, Delores Shannon, Receptionist, Dr. Bustle, and Debbie Hartsell, Receptionist.

Adrian Family Care Clinic Meets Community's Needs

The Adrian Family Care Clinic features four primary care providers and an outstanding support staff who pride themselves on taking care of the entire family's medical needs, from infants to older adults.

pen from 8 a.m. to 5 p.m. Monday through Friday, and 8 a.m. to noon on Saturdays, the clinic also collects blood for laboratory tests.

The clinic is centrally located on Main St. near the pharmacy. "The people of Adrian really appreciate how convenient the clinic is to other community services," says Shirley Goss, Family Care Clinic RN Supervisor. "It's an inviting and comfortable atmosphere."

Staff with the clinic participate in community events, including providing free sports physicals for student athletes in Adrian and surrounding communities, the Adrian business expo and the community's annual trick-or-treat event.

The clinic is located at 102 E. Main St., Adrian, Mo.

Call 660-200-DOCS (3627) for more information, or to schedule an appointment with one of our providers.

Providers at the Adrian Family Care Clinic include:



John P. Bustle, M.D., Board Certified – Family Practice – Dr. Bustle has served the Adrian community for approximately five years now, and also is a resident. "I enjoy taking care of my friends and neighbors, seeing them at the store or at events. This is a very

rewarding community to practice medicine in," he says.

Dr. Bustle performed a residency in family medicine at the University of Kansas, Kansas City, Kan., where he also earned his medical degree. He received his undergraduate degree in biology and chemistry from Mid America Nazarene University, Olathe, Kan. He is a member of the American Academy of Family Physicians and the American Medical Association.



Glenn Gardner, MS, PA-C, Physician Assistant – In addition to his experience with the Adrian and Nursery St. Family Care Clinics, Glenn is experienced in emergency medicine. He earned his degree as a physician assistant from Missouri State University,

Springfield, Mo. Before becoming a physician assistant, Glenn taught high school science and coached track. He also speaks Spanish.



Laura Thiem, MSN, APRN, FNP-C, Family Nurse Practitioner –

Laura earned her master's of science in nursing as a family nurse practitioner from Old Dominion University, Norfolk, Va. She currently is enrolled in the doctor of nursing practice program

at the University of Missouri-Columbia, Columbia, Mo. She has been practicing in Adrian since 1997. Laura has published clinical articles on vitamin D deficiency and body piercing.



Lynnsey Shade, MSN, APRN, FNP-C, Family Nurse

Practitioner – Lynnsey earned her master's of science in nursing as a family nurse practitioner from the University of Missouri-Kansas City. She received her degree as a registered nurse from Fort Scott

Community College, Fort Scott, Kan., and is a graduate of Butler High School. Prior to joining the clinic, she worked at Children's Mercy Kansas City.



BATES COUNTY EMS PARTNERS WITH Adrian Fire Department



Members of the Adrian Volunteer Fire Department include, left to right, Michael Nelson, Josh Nash, Brian Dizney, Gary Dizney, Jerry Bearce and Josh Grimsley. With 22 members in all, they work closely with BCMH EMS to respond to community emergencies.

Each year, the Adrian Fire Department responds to approximately 400 calls for help from the department's 250-square-mile service area. The caller may be an elderly person who has fallen, or they could be a driver involved in a motor vehicle collision requiring extrication. The first responders also answer calls for mutual aid, assisting other area fire departments.

o be sure the Adrian community has the best emergency medical care possible, the Bates County Memorial Hospital Emergency Medical Services formed a relationship with the Adrian Fire Department in December 1999. For more than 15 years, the department has worked in cooperation with Bates County EMS to provide firstresponder care until advanced-level providers arrive.

"Fire Chief Gary Dizney and I were looking for an opportunity to provide initial, stabilizing medical care as early as possible," explains Kelly Phillips, BCMH EMS director. "This model was being used successfully in many urban areas. Our organizations have come together to do what is best for area residents requiring emergency medical services on what may be the worst day of their lives."

Initially, BCMH paramedics taught two Adrian volunteer firefighters as first responders. With 22 volunteers in the department, today 20 have earned medical certifications ranging from first responder to paramedic, and many have taken specialized certifications to improve their knowledge base.

In addition to providing educational support to the group, the hospital equips the Adrian department with medical supplies, including an automatic external defibrillator (AED) typically used for patients experiencing heart problems.

"On a personal note, this group does not hesitate to, on their own time, get up in the middle of the night or in the worst weather to respond and assist EMS in any way needed," Kelly says. "Their dedication to the Adrian community is evident."

"Our partnership with the hospital has been instrumental in serving Adrian," Chief Dizney adds. "Thanks to our dedicated volunteers and the training the hospital has provided us, we can begin basic lifesaving medical care while the ambulance is en route, and we can communicate important details about the patient's condition to the crew. That quick response can make the difference in a patient's survival in a medical emergency."

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Clinical Training Comes to BCMH

In many rural areas of Missouri, including Bates County, limited resources make it difficult for staff to attend continuing education training in the city, or to offer training on site. That's why Bates County Memorial Hospital recently brought clinical training to its staff via the MobileSim Clinical Simulation Training Unit from the University of Missouri School of Medicine.

> A pproximately 55 clinical staff from the hospital's in- and outpatient nursing units and emergency services had the opportunity to update their skills via the MobileSim unit.

"The MobileSim unit offers our staff hands-on learning opportunities to practice high-risk, low-volume patient events in a controlled environment," explains Becky Tarver, R.N., BCMH Chief Nursing Officer. Staff work in small groups alongside experienced clinical simulation professionals during scenarios.

"The scenarios and mannequins are very lifelike," Becky says. "This experience complements the Essentials of Critical Care Orientation (ECCO) course the BCMH Auxiliary is funding for us. Both programs give our clinical staff the in-depth knowledge necessary to keep their nursing skills current with the advances in medicine and technology, and give them the opportunity to practice their skills in simulated critical care situations."

The unit is even equipped with two cameras to record participants, a portable server and laptops for data entry. "With our new hospitalist program and the increasing number of patients we are seeing at BCMH, this is an excellent way for our staff to update and fine tune their clinical skills," Tarver says.

Jennifer Klinksick, R.N., Nurse Manager, Carissa Margrave, R.N., and Karen Steele, R.N., Supervisor, work through a scenario in the MobileSim unit.

Becky Tarver, R.N., Chief Nursing Officer, and Jennifer Schmehl, R.N., Nurse Manger, observe the MobileSim scenario.





Gift Shop Sales Support Educational Efforts



 Donna Huber, left, and Nelda Pike, right, serve as Volunteer Gift Shop Managers.

Supporting Bates County Memorial Hospital (BCMH) is easy when you stop by the Gift Shop, located off the hospital's main lobby, adjacent to the main information desk.

he Gift Shop is managed and operated by our award-winning Volunteer Auxiliary. Revenue from the Gift Shop assists in funding educational scholarships and items/equipment for the hospital. This year the volunteers have provided \$8,500 to assist in funding continuing education for the BCMH nursing staff.

The Gift Shop offers something for everyone—a variety of flowers, gift items, jewelry, candy and some toiletries. Many of the gift items are exclusive offerings, and

cannot be purchased elsewhere locally. The Gift Shop accepts credit/debit cards. A gift or fresh flowers may be ordered via telephone and delivered to a hospitalized patient.

BCMH Gift Shop hours: Monday - Friday: 8 a.m. to 4 p.m. Saturday: Closed

Sunday: 1 p.m. to 5 p.m.

The Gift Shop's phone is 660-200-7000, ext. 7199. Stop by and check out our new selections!



BCMH Family Care Clinics Offer Back-to-School Immunizations

As kids in Bates County prepare to head back to the classroom, it's a good time to be sure they're up to date on their immunizations.

Vaccines are required for children enrolling in kindergarten in any Missouri school, and they're available at any BCMH Family Care Clinic – Nursery Street, High Street or Adrian.

Here are the required vaccinations for kindergartners:

- **Dtap** protects against diphtheria, tetanus and pertussis (whooping cough).
- IPV protects against poliovirus.
- MMR protects against measles, mumps and rubella.
- Hepatitis B protects against Hepatitis B virus that can cause liver disease and cancer.
- Varicella protects against chicken pox.

Other recommended vaccines include:

- Hepatitis A protects against Hepatitis A virus.
- Influenza protects against the flu.

In addition, if you have a child who will be in the eighth grade, your child is required to have a Tdap vaccination. Again, this protects against tetanus, diphtheria and pertussis (whooping cough).

These vaccinations are recommended for eighth graders, but are not required:

- Varicella protects against chicken pox.
- Influenza protects against the flu.
- Meningococcal protects against bacteria spread through coughing, sneezing, kissing or sharing anything by mouth.
- Human Papillomavirus (HPV) protects females and males against the most common types of HPV.

To schedule an appointment for your child's vaccinations, call 660-200-DOCS (3627) or toll-free 855-414-3627.

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New Specialists Join BCMH

Bates County Memorial Hospital (BCMH) is expanding the care available through its Outpatient Specialty Clinic. An otolaryngologist, or ear, nose and throat specialist, will see patients for problems ranging from sinus and allergy issues, to throat and voice box and ear problems.

he two new urologists joining the clinic can care for men experiencing diseases of the bladder, urethra, ureters, kidneys and adrenal glands, along with the male reproductive system. They also often see female patients for problems related to the bladder and urinary incontinence, and care for patients experiencing cancer of these body systems.

The three new specialists joining the Outpatient Clinic are:



Mitch Challis, M.D.

Dr. Challis enjoys all aspects of otolaryngology, including adult and pediatric ENT care, endoscopic sinus surgery, throat and nose surgery and head and neck cancer surgery. He attended the University of Kansas School of Medicine and was a member of the

Virchow honor society. He received his doctor of medicine degree from the University of Kansas School of Medicine in 2009. Dr. Challis completed his general surgery internship and residency in otolaryngology head and neck surgery at the University of Tennessee Medical Center, Memphis, Tenn. Dr. Challis was born and raised in Olathe, Kan., and speaks fluent Spanish.



Robert Smith, M.D.

Dr. Smith specializes in adult urology, kidney stone disease, urologic cancers, benign prostatic hyperplasia (BPH), urinary incontinence and erectile dysfunction. He earned his medical degree from the University of Iowa, Iowa City, and performed

his residency in urology at the University of Kansas Medical Center. He is board certified in urology and a fellow of the American College of Surgeons.



William "Tad" Wilson, M.D.

Dr. Wilson's practice focuses on medical and surgical treatment for kidney stone disease, minimally invasive benign prostate surgery and male/female incontinence. He earned his medical degree from the University of Kansas Medical School, Kansas City, Kan.,

and performed a residency in urology at the University of Texas Southwestern at Parkland Hospital, Dallas, Texas. He has performed clinical research on kidney stone disease. Dr. Wilson is board certified in urology and is a fellow of the American College of Surgeons.

To schedule an appointment in the BCMH Outpatient Clinic with one of the new physician specialists, call 660-200-7006.

BCMH Specialty Clinics

Bates County Memorial Hospital makes quality health care convenient for area residents by bringing medical specialists to our community on a regular basis. To schedule an appointment with one of the specialists, contact the number below.

Cardiology

Ed MacInerney, M.D.	012 050 2250
Gerald Mancuso, M.D.	
Craig Lundgren, M.D	913-956-2250
Ear, Nose & Throat Mitch Challis, M.D.	660-200-7006
Gastroenterology	
Donald Clement, M.D.	
Todd Kilgore, M.D.	660-200-7006
General Surgery William Joyce, D.O	660-200-7134
Robert Wetzel, M.D	660-885-8141
Nephrology	
Ryan Lustig, M.D.	660-200-7006
Barry Wood, M.D.	
Neurology	
Roxane Bremen, D.O	660-200-7006
Oncology	
Rolando B. Breier, M.D	
Timothy Pluard, M.D.	660-200-7006
Ophthalmology Joseph Parelman, M.D.	800-628-4258
Orthopedics	
Danny Carroll, M.D.	816-322-0688
James Whitaker, M.D	660-200-7006
Pain Management Matthew Nadler, M.D.	800-858-8131
Dennison Hamilton, M.D.	
Physiatry	200 200
Robert Trout, M.D.	800-858-8131
Podiatry Robert Shemwell, D.P.M	660-200-7006
Psychology/Counseling	
Jerry Morris, Psy.D., MBA, MSPharm, ABPP, ABMP, NBCC, NCSP, CCM	660-200-7528
Pulmonary	
Cosmo Caruso, M.D.	
Patrick Perkins, M.D.	
Timothy Smith, M.D	660-200-7006
Urology	
Robert Smith, M.D.	
William Wilson, M.D	660-200-7006
For more information visit www.bcml	nospital.com.



Preventive Care Available at BCMH Family Care Clinics

One of the benefits of the recently implemented Affordable Care Act is that there are several preventive care services available at no out-of-pocket cost if you have health insurance. Preventive care includes everything from immunizations and screenings to tests. You also can receive an annual wellness visit, or physical exam.

Preventive care focuses on evaluating your health when you are symptom free. To be sure your annual wellness visit is free, make sure your provider codes it correctly. This ensures the service will be billed as preventive care. Your provider will then bill the insurance company with the correct preventive code.

If you see your provider for a specific problem, high blood pressure for example, this is not considered preventive care, and is subject to out-of-pocket costs and deductibles.

Adults get 15 services covered for preventive care, women get 22, and kids get 26 covered services. Included in the 15 preventive services for adults are immunizations, screenings for depression, blood pressure, colorectal cancer and high cholesterol. Children receive a host of developmental screenings, as well as immunizations. And for women, screening mammography and cervical cancer screenings also are covered, along with well-woman visits.

For older adults, Medicare Part B also covers many screenings, including bone density testing, diabetes screening and prostate cancer screening.

For more information, contact your insurance plan to verify coverage and talk with your provider.

Need an appointment?



Call 660-200-DOCS (3627) or toll-free 855-414-3627.

Our Family Care Clinic staff can schedule an appointment for you at:

- Adrian Family Care Clinic (Adrian)
 - John Bustle, M.D.
 - Glenn Gardner, MS, PA-C
 - Laura Thiem, MSN, APRN, FNP-C
 - Lynnsey Shade, MSN, APRN, FNP-C
- High St. Family Care Clinic (Butler)
 - William Haynie, M.D.
 - Robin Spencer, MSN, APRN, FNP-C
 - Misty Tourtillott, MSN, APRN, FNP-C
- Nursery St. Family Care Clinic (Butler)
 - John Bustle, M.D.
 - James Miller, D.O.
 - James Patterson, D.O.
 - Glenn Gardner, MS, PA-C
 - Lynnsey Shade, MSN, APRN, FNP-C

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Edward J. Hannon, Chief Executive Officer

Please direct any comments or suggestions to our editor:

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BCMH Support Groups

Bates County Memorial Hospital (BCMH) offers a number of support groups for area residents. Please join us for these upcoming sessions.

DIABETES

2 p.m., Meeting Room A/B

- Aug. 20, 2015
- Sept. 17, 2015
- Oct. 15, 2015

MULTIPLE SCLEROSIS/STROKE

10 a.m., Education Center

- Sept. 14, 2015
- Oct. 12, 2015
- Nov. 9, 2015